

Chamber CHATTER



MECHANICSBURG
CHAMBER OF COMMERCE
The Strength of One. The Power of Many.™

1.16.25

6 West Strawberry Avenue, Mechanicsburg, PA 17055 (717) 796-0811 www.mechanicsburgchamber.org

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News, Events & more!

Seeking HOSTS for 2025 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
 - Business Leaders Discussion Group

BE A HOST and showcase your business,
service and more...

CHAMBER EVENTS

Watch for Weekly Updates!!

January

20 - Office closed for holiday

23 - Grand Opening & Ribbon Cutting - Residence Inn by Marriott Mechanicsburg, 2040 Technology Parkway, Mechanicsburg. 4 - 6 pm

30 - Business Leaders Discussion Group - Sponsored by PaySmart Payroll Services, 650 Wilson Ln, Ste. 100, Mechanicsburg. 7:45 - 9:00 am. Members only event.

31 - Ribbon Cutting & Networking- Katsu's Dojo 3D, 123 E Main St., Mechanicsburg. 12 - 2 pm

RSVP to info@mechanicsburgchamber.org

For a full calendar of chamber and member events,
visit www.mechanicsburgchamber.org/events

Thank You For Renewing Your Membership!

Dale Flor
Tevis Energy
Veolia Pennsylvania

YOU ARE INVITED TO

Residence INN[®]
BY MARRIOTT

Mechanicsburg

**GRAND
OPENING**

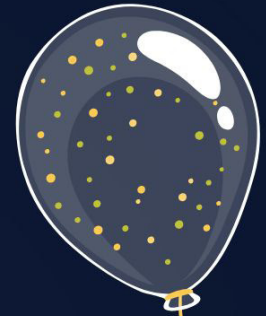
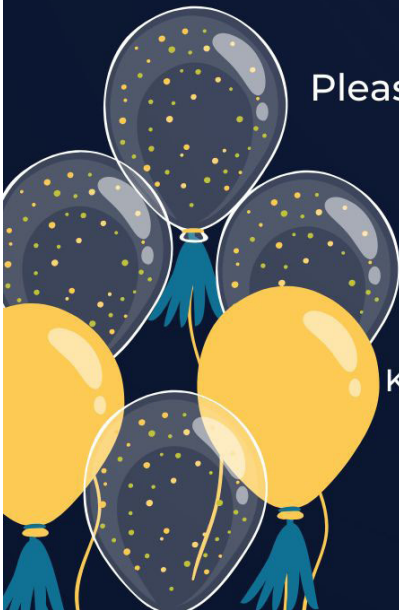
& RIBBON CUTTING CELEBRATION

New Year, New Beginnings

Thursday | January 23rd, 2025 | 4pm-6pm
2040 Technology Parkway, Enola, PA 17025

Please join us for an evening of fun, food,
music, raffles, and more in
celebration of the opening of
**Residence Inn by Marriott
Mechanicsburg!**

Kindly RSVP to Emily Teatum by 1/17/25
eteatum@titanhotelgroup.com
717-219-4533



Mechanicsburg Chamber of Commerce presents:

Business Leaders Discussion Group

Thursday, January 30
7:45 - 9:00 am

Sponsored by
PaySmart Payroll Services
650 Wilson Ln, Suite 100
Mechanicsburg



RSVP to info@mechanicsburgchamber.org or call 717-796-0811.
This members-only event is free to attend!

Bring your questions and business topics and hear what others have to say!

The poster features a central illustration of a red torii gate with a 3D printer integrated into its structure. The background is black with gold confetti and balloons. A yellow starburst contains the text: "First 50 Attendees Each Day Receive a FREE 3D-Printed Mini Creature!". In the bottom left, there is a logo for "A Pinch Of Sugar Creations" featuring a pink cake. In the bottom right, there is a logo for "Downtown Mechanicsburg Partnership" and the "Mechanicsburg Chamber of Commerce" logo with the tagline "The Strength of One. The Power of Many.".

First 50 Attendees Each Day Receive a FREE 3D-Printed Mini Creature!

Katsu's Dojo 3D GRAND OPENING

Friday - Saturday
Jan 31 - Feb 1
2025
11am-6pm

Friday: 12pm Ribbon Cutting
12:30-2pm Business Networking

Free treats from **A Pinch of Sugar!**
Exclusive Deals for the Grand Opening
Live 3D Printing Demonstrations
Giveaways, Discounts, & Raffles

123 E Main St, Mechanicsburg, PA
www.KatusDojo3D.com

downtown
MECHANICSBURG
partnership

MECHANICSBURG
CHAMBER OF COMMERCE
The Strength of One. The Power of Many.™



Thank you to Emily & Katie and the Residence Inn Mechanicsburg for hosting the Business Women's Networking Luncheon. We were the first group hosted by the area's newest hotel and got to check out this great facility ahead of the Grand Opening & Ribbon Cutting celebration to be held Thursday, January 23.

Residence INN[®]

BY MARRIOTT

Would you like to host a Business Women's Networking Luncheon or other Chamber event? A great way to show off what, where, and how you do the things you do!

Seeking HOSTS for 2025 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
- Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

For more information - on HOSTING AN EVENT
contact the Chamber office at 717-796-0811 or email - info@mechanicsburgchamber.org.



Get Ready for REAL ID

The deadline for enforcement of the federal REAL ID Act is fast approaching.

As of May 7, you will have to present a federally accepted form of identification to board a commercial domestic flight or visit a secure federal building that requires ID at the door. Federally accepted forms of identification include a Pennsylvania REAL ID driver's license or ID card, a U.S. passport or passport card, or a military ID.



While all Pennsylvanians must comply with the new law, obtaining a state-issued REAL ID is not mandatory. PennDOT will continue to offer standard-issue driver's licenses and photo IDs.

Full enforcement of the law has been delayed several times due to the COVID-19 pandemic, which was hindering efforts to process REAL ID applications across the country.

To learn more about REAL ID and how to obtain one, visit penndot.gov/REALID.

Blood Donation Saves Lives

Did you know that every two seconds in America, someone urgently needs blood? January is National Blood Donor Month, an opportunity to both honor voluntary blood donors and encourage new donors to help save lives. [National Blood Donor Month was first designated by proclamation of President Richard Nixon on Dec. 31, 1969.](#)

The start of the new year is one of the most challenging times to collect blood products as the threat of winter weather builds and can often lead to widespread blood drive cancellations. In addition to winter weather, an active cold and flu season may prevent people from keeping donation appointments as they rest and recover from illness.

Only 3% of eligible Americans currently donate blood, despite 65% of the population being eligible to do so. [Learn more about blood donation and where to donate here.](#)



JAZZ ME BAND

KIRK WISE UPCOMING
SOLO, DUO & BAND
PUBLIC DATES

Sat. 1/18 – Totem Pole Wine Farm/Ranch
Carlisle...Kirk solo 6:30-8:30

Thurs. 1/23 – Cashtown Inn Dinner,
Orrtanna...Kirk solo 6-8

Fri. 1/24 – Jimmy Jaxx Shine Shack,
Dillsburg...Kirk solo 7-10

Sat. 1/25 – Captain Bob's Steamed Crabs,
Railroad/ Shrewsbury...Kirk solo 6-8

Fri. 1/31 – Celebration Villa, Dillsburg...
Kirk solo 3-4

Fri. 2/1 – Reid's Wine & Cider House,
Gettysburg...Kirk Duo 7-10

Thur. 2/6 – Big Bottom Brewery @Al's Pizza,
Dillsburg...Kirk solo 6-8

Fri. 2/7 – Hemauer Brewing,
Mechanicsburg...Kirk solo 7-9

Sat. 2/8 – Spring Gate Wine, Harrisburg...
Kirk solo/duo...5-8

For complete up-to-date
schedule, information,
and photos go to
www.jazzmeband.com

Bookings: call Kirk at 717-979-0341 or
E-mail wisemotors@aol.com

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LANDON WISE PHOTOGRAPHY



Craig Best joins F&M Trust as President

F&M Trust is pleased to announce the hiring of Craig Best as President.

In this role, Best will oversee the bank's efforts to grow market share, while ensuring a shared focus to maintaining the bank's culture, building strong communities, and connecting customers with financial solutions. He succeeds Tim Henry, President and CEO, who successfully led the bank for nine years and will officially retire on April 29, 2025.

"The bank is fortunate to have had stable and talented leadership for many years. Tim Henry is certainly an example of that, and we wish him well as he moves to a new chapter of his life," said G. Warren Elliott, Chairman of the Board of Directors for Franklin Financial Services Corporation and F&M Trust. "Looking ahead, we welcome Craig Best to carry on that tradition of providing visionary leadership as we maintain our commitment to the F&M Trust communities, employees and shareholders. We expect Craig's extensive banking and financial background will provide the platform to launch the bank into a new era of solid performance and results for the future."

Best comes to F&M Trust from Peoples Security Bank & Trust, headquartered in Scranton, Pa., where he served as President and CEO since 2006. He successfully grew the 104-year-old community bank from \$412 million in assets to \$5.5 billion in assets over an 18-year period. Best brings extensive experience in mergers and acquisitions, corporate banking, retail banking and credit administration, strategic planning, and investor relations.

Best holds a Bachelor of Arts degree in Economics from Princeton University. He is based at the F&M Trust corporate headquarters in Chambersburg.

“I am excited to have the opportunity to work alongside Tim and his team,” said Craig Best, President of F&M Trust. “F&M Trust has truly benefited from Tim’s leadership and is well positioned for future growth.”

Best is serving as President of Franklin Financial Services Corporation and its wholly owned subsidiary, F&M Trust. Tim Henry will continue to serve as CEO of both companies, and Best will be appointed CEO following Tim Henry’s retirement on April 29, 2025.



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Your Soles ~ Their Souls
Shoe Drive Fundraiser



All shoe styles accepted year round at The Tide office.



thetide.org/shoes

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- Microbusiness in Developing Countries

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Special thanks to Cubes of Chambersburg for their sponsorship!

GET INVOLVED!

- SET UP A COMMUNITY DROPOFF LOCATION
- PROMOTE SHOE DRIVE AND COLLECT SHOES
- DONATE YOUR NEW/GENTLY USED SHOES



Big Brothers Big Sisters of South-Central PA Celebrates National Mentoring Month

BBBS of South-Central PA recognizes the impact mentorship has on the lives of young people across Adams, Cumberland, Dauphin, Lancaster, Lebanon, Perry & York Counties.

January is National Mentoring Month and Big Brothers Big Sisters (BBBS) of South-Central PA is proud to celebrate the invaluable role mentoring plays in empowering youth and fostering stronger communities. This month-long celebration highlights and raises awareness for the power of mentoring, and BBBS of South-Central PA is honoring the volunteers who dedicate their time to transforming the lives of youth across the agency's 7-county region.

National Mentoring Month is a time to reflect on the significance of mentorship and the transformative influence it can have on the lives of young people. Big Brothers Big Sisters believes that every child deserves the opportunity to achieve their full potential, and mentorship plays a pivotal role in making that possible.

Through their one-to-one mentoring program, Big Brothers Big Sisters connects children and teens with caring mentors who provide guidance, encouragement, and support. These meaningful relationships help inspire confidence, foster positive social and academic outcomes, and open doors to new possibilities for young people in our community.

"This month is dedicated to recognizing the difference our mentors make in shaping the future of the youth we serve," said Amy Rote, CEO of BBBS of South-Central PA. "In 2024, we had the privilege of impacting the lives of over 1,300 young people across our service area. We've seen firsthand how a mentor can help a child reach their full potential," she adds.

To mark National Mentoring Month, BBBS of South-Central PA will share success stories, mentor spotlights, and resources while encouraging individuals to get involved in the mentoring movement.

Additionally, The Pennsylvania State Capitol building displayed green lights January 10, 11 & 12 in honor of the positive impact that mentors make in the lives of children across the State.

To learn more about becoming a mentor and bridging the gap between people and possibility visit CAPBIGS.ORG.

C-PACE Seminar

February 27, 2025

1:00 PM - 3:00 PM



Commercial



Industrial



Agriculture

Join us to learn how to use the C-PACE
program to finance energy efficiency,
water conservation or clean energy
projects.

230 S Sporting Hill Rd, Suite 100
Mechanicsburg, PA 17050

[Register Here](#)

CUMBERLAND VALLEY
PENNSYLVANIA

Cumberland Area
Economic Development
Corporation

UPMC

LIFE CHANGING MEDICINE

Pediatric Seizures: What Do They Mean?

By [Dr. Gull Zareen Sial, MD](#), a pediatric neurologist at UPMC Children's Specialty Services in central Pa.

Caring for a child with seizures can be overwhelming, especially when you're unsure of what to expect or how to help in a crisis. With proper support, you can feel more confident in managing your child's condition and ensuring their safety.

What Do Seizures Mean in a Child?

Seizures in children are caused by disturbances in the brain's electrical signals that temporarily interrupt normal brain function.

"Seizures in a child, in general, mean any episode of unresponsiveness where the child doesn't respond to a parent's touch and voice, and they stop doing what they were doing," says Dr. Gull Zareen Sial, MD, a pediatric neurologist at UPMC Children's Specialty Services in central Pa.

Seizures can be related to epilepsy, a neurological disorder characterized by recurrent, unprovoked seizures due to abnormal electrical activity in the brain. About 470,000 American children under the age of 14 have epilepsy. Seizures can also be provoked or caused by a known issue, such as head trauma, infection, low blood sugar, or electrolyte imbalances.

Types and Signs of Seizures in Children

Pediatric seizures can present in different ways, says Dr. Sial. Signs often depend on the type and cause of the episode.

Generalized seizures may arise from both sides of the brain. They can cause loss of consciousness and drowsiness, confusion, nausea, or heart rate fluctuation and headache after the seizure.

Symptoms may include:

- Confusion or drowsiness after the seizure.
- Difficulty breathing or shallow breathing.
- Drooling or foaming at the mouth.
- No response to being spoken to or touched.
- Pallor or blue grey facial discoloration.
- Stiffening of the body and/or jerking movements.
- Sudden, brief jerks or twitches of the arms, legs, or head.
- Sudden loss of consciousness or collapsing.

Focal seizures, by contrast, happen when an abnormal electrical current arises from one side of the brain. They're also called partial seizures.

Symptoms may include:

- May or may not respond during the seizure.
- Repetitive movements of one side of the body, which may progress to involve the whole body.
- Sensory changes, such as vision or hearing disturbances.
- Staring or rapid eye movements.

Causes of Seizures in Children

Primary factors that contribute to epilepsy include birth complications, such as lack of oxygen during birth or premature birth; brain injury, tumors, bleeding, and infection; electrolyte imbalances, such as abnormal levels of sodium, calcium, or magnesium; genetic factors and inherited metabolic disorders; high fever in young children; immune system dysfunction, which can lead to brain inflammation and seizures; and differences in brain structure.

Seizures can happen for a variety of reasons beyond epilepsy. In these cases, once the root cause is properly treated, children may never experience a seizure again. Some of the common causes of provoked seizures include fever, infections, stroke, low blood sugar, electrolyte imbalances, and more.

“Children are able to outgrow age-specific seizure disorders,” especially with proper treatment, says Dr. Sial. “Sometimes, the seizures might come back,” or require ongoing treatment, such as medication.

If Your Child Has a Seizure

“Witnessing a child have a seizure can be frightening, but it’s important to stay calm and take the right steps to ensure their safety,” says Dr. Sial. “Seizure first aid plays a crucial role in helping the child.”

It’s important to:

1. **Stay calm and time it** – Stay composed and start timing the seizure right away.
2. **Ensure safety** – Make sure the child is lying on their side to help keep their airway open and protect the child’s head without restraining them.
3. **Never put objects in their mouth** – Do not try to put anything in the child’s mouth during a seizure.
4. **Monitor breathing** – After the seizure, check if the child is breathing.
5. **Stay with the child** – Never leave a child alone during a seizure. Stay with them, even after the seizure ends, to offer comfort and monitor their recovery.
6. **Record details** – Write down the details of the seizure, such as the time it started, how long it lasted, the movements or behaviors observed, and any triggers.
7. **Report** – Report the episode to the child’s doctor or epilepsy specialist.

When to seek emergency help

Get emergency treatment if:

- The seizure lasts longer than five minutes.
- The child has a second seizure shortly after the first.
- The child is injured during the seizure.
- This is the child’s first seizure.
- The child has difficulty breathing or doesn’t regain consciousness.

Diagnosis and Treatment

Neurologists often use blood tests, brainwave testing, and neuroimaging, such as MRI and CT, to differentiate between provoked and epileptic seizures. This helps guide the treatment.

Treatment includes addressing the cause of a seizure. If it is epileptic, the child may need daily anti-seizure medication and rescue medication for seizures longer than five minutes.

Dr. Sial says it's critical to monitor and treat seizures in small children immediately. "Sometimes, children can have seizures in the brain that you cannot see with your eyes," she says.

"Once a child has a seizure, you want them to live as normal of a life as possible," she says. "But I think the most important thing is there should be eyes on the child at all times at home and at school."

Dr. Sial recommends looking to the Epilepsy Foundation, the American Academy of Neurology, and local organizations to find the support you need. If care is needed for your child, please talk to your pediatrician who can refer you to a pediatric neurologist. For more information about UPMC Children's [Specialty Services](https://www.upmc.com/centralpa/pediatrics), please visit [UPMC.com/CentralPaPediatrics](https://www.upmc.com/centralpa/pediatrics).



New Annual Report Requirement for PA Businesses

Starting in 2025, Pennsylvania will implement a new annual report filing requirement for domestic and foreign business filing associations. This change, enacted through Act 122 of 2022, replaces the long-standing decennial report requirement and aligns Pennsylvania with the practices of most other states.

This update applies to various business entities, including corporations, limited liability companies (LLCs), limited partnerships (LPs), nonprofit corporations, and more.

Key Details About the Annual Report Requirement

- **Filing Deadlines:** Deadlines vary by entity type (June 30, September 30, or December 31).
- **Filing Fees:** \$7 for most entities; \$0 for nonprofits and not-for-profit LPs/LLCs.
- **Information to Include:** Registered office address, principal office address, name of at least one governor, and names and titles of the principal officers.

Failure to file could result in **administrative dissolution or termination**, loss of name protection, and other consequences.

If you have any questions or would like to discuss the impact of these changes on your business, please do not hesitate to contact us.

[Read More About the New Annual Report Requirement](#)

930 Century Dr, #104
Mechanicsburg, PA 17055
717-697-2900
www.troutcpa.com

Chamber Chatter is published on-line every Thursday.

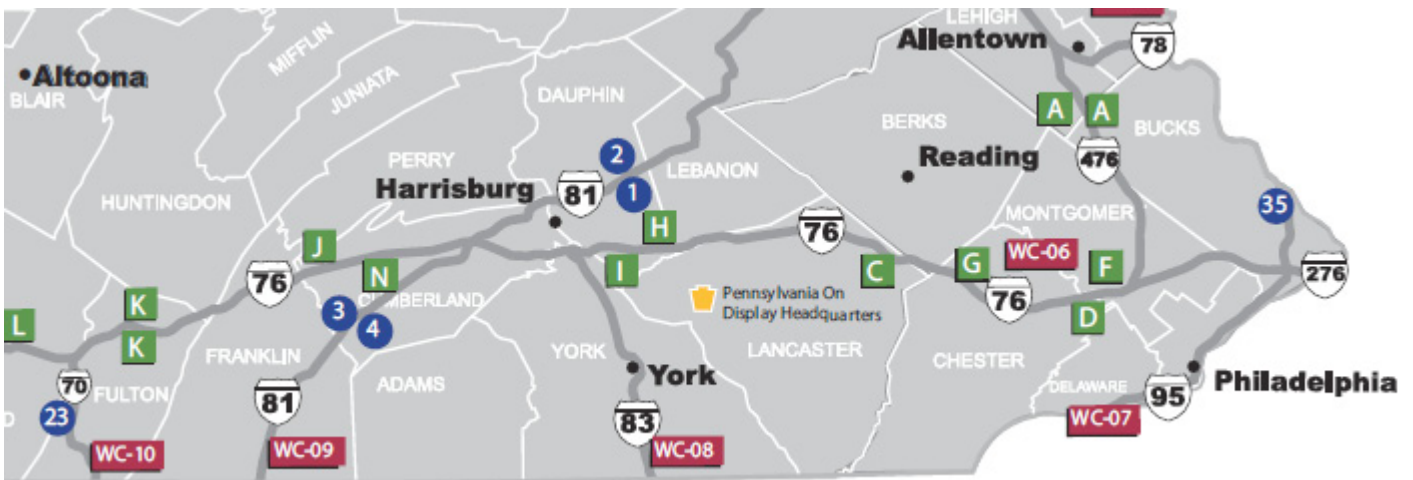
We encourage member businesses to send us information on sales, promotions, news and events. It is a great way to promote your business or organization.

Chamber Chatter advertisements will remain for up to 4 weeks, or as space permits.

If you have something to share, please submit it by Wednesday at noon to info@mechanicsburgchamber.org.

****Chamber Chatter advertising is a FREE member benefit.****

Would you like to reach more potential customers via the PA Turnpike, Interstate Rest Areas or PA Welcome Centers?



Travelers can find out about your business at highly traveled Turnpike Service Plazas and/or Interstate Rest Areas for only \$28 per month per location with a FREE pocket for 4x9 print brochures or rack cards. Non-profit organizations and B&Bs are only \$16 per month per location.

We are also the sole distributors for the FREE PA Welcome Center Program that offers tourism information to all 14 official PA welcome centers around the perimeter of the state! Your tax dollars pay for this free program! Please contact me with any questions or interest in any of our programs!

Teresa Crawford, Account Representative
Getaways On Display
717-653-8070 x208
TCrawford@GetawaysOnDisplay.com
www.GetawaysOnDisplay.com

Mechanicsburg Lions Club

5th Annual “We Serve” Golf Tournament



July 11, 2025 @



We Serve



We Serve

Calling all men and women who enjoy golf, good food, and fellowship. It's never too early to be thinking about warm weather and golf. This is a save the date announcement to let you know that our 5th annual “We Serve” Golf Tournament will be held on Friday, July 11, 2025. Mayapple Golf Club in Carlisle will be hosting our tournament. We will have an 8am shot gun start with lunch to follow at Fiddler's Bar & Grill at the golf course. So, mark your calendars now and plan to join us for a fun filled day of golf and dining with your friends. Registration forms and more details will be made available in early April.