

2.13.25

6 West Strawberry Avenue, Mechanicsburg, PA 17055 (717) 796-0811 www.mechanicsburgchamber.org

In This Issue:

(C-PACE) program offer	•
Free Tax Preparation	10-1

Don't freeze up...avoid orthopaedic, spine injuries this winter12-13

News, Events & more!

Seeking HOSTS for 2025 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
 - Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

CHAMBER EVENTS

Watch for Weekly Updates!!

February

17 - Office closed for Presidents Day

18 - After Hours Mixer - Comfort Inn Mechanicsburg-Harrisburg South, 1012 Wesley Dr,
Mechanicsburg. 5:00 - 7:00pm..

27- Business Leaders Discussion Group - Sponsored by **PaySmart Payroll Services**, **650 Wilson Ln**, **Ste. 100, Mechanicsburg**. 7:45 - 9:00 am. Members only event.

March

11 - Business Women's Networking Luncheon - New Cumberland Federal Credit Union, 345 Lewisberry Rd, New Cumberland. 11:30am - 1:00pm. FREE member event

RSVP to info@mechanicsburgchamber.org

For a full calendar of chamber and member events, visit www.mechanicsburgchamber.org/events

Thank You For Renewing Your Membership!

Aflac – Jeff Stauffer
Associated Products Services, Inc.
Aumiller's Auto Parts, Inc.
Chick-Fil-A at Shepherdstown Crossing
Devercare Insurance Group
Eichelbergers, Inc.
Home2 Suites by Hilton Mechanicsburg
Lawyers Realty, LLC

Chris Moulton
Penn Waste
Range End Golf Club
Ritters True Value Hardware
RM Kitchens
Safe Harbour, Inc
The Mechanicsburg Club
West Shore Academy of Martial Arts

Mechanicsburg Chamber of Commerce presents:

After-Hours Mixer



Tuesday, February 18 5:00 - 7:00 p.m.





Hosted by

Comfort Inn Mechanicsburg-Harrisburg South

1012 Wesley Drive Mechanicsburg, PA 17055

Enjoy an evening of networking, refreshments and a chance to win a prize!

RSVPing is easy, simply email info@mechanicsburgchamber.org, RSVP online, or call 717-796-0811

Mechanicsburg Chamber of Commerce presents:

Business Leaders Discussion Group

Thursday, February 27 7:45 - 9:00 am

Sponsored by
PaySmart Payroll Services
650 Wilson Ln, Suite 100
Mechanicsburg



RSVP to info@mechanicsburgchamber.org or call 717-796-0811.
This members-only event is **free** to attend!





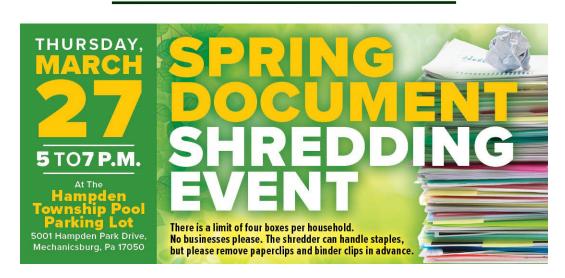
To expand the reach of our state services, my district office will set up at the Mechanicsburg senior center on Wednesday, March 5, from 10 a.m. to noon, to assist constituents with state-related issues. My office will be facilitating Property Tax/Rent Rebate Program applications and checking for unclaimed property.

You can call or stop by my office in Lower Allen Township for assistance with the Property Tax/Rent Rebate Program at any time, but we will focus specifically on helping constituents file applications from 10 a.m. to 3 p.m. on Friday, Feb. 28.

If you plan to take advantage of Property Tax/Rent Rebate Program assistance, please visit

RepDelozier.com for a list of documents you will need for us to be able to file your application.

For questions, please call 717-761-4665.



Safely and securely shred documents containing sensitive information like bank account numbers at my free Spring Shredding Event on Thursday, March 27, from 5-7 p.m. at the Hampden Township Pool parking lot, located at 5001 Park Drive in Mechanicsburg. There is a limit of four boxes per household. No businesses, please. The shredder can handle staples, but please remove paperclips and binder clips in advance.

Please RSVP to 717-761-4665 or visit RepDelozier.com/Events to give my staff and the shredding company a headcount. Shredding will be taken on a first-come, first-served basis.



Please join representatives from Sustainable Energy Fund, Cumberland Area Economic Development Corporation, Cumberland County, and others on February 27 from 1-3 PM to hear about the Commercial Property Assessed Clean Energy (C-PACE) program which was recently enabled in Cumberland County. It is a financing structure for commercial property owners to make energy efficiency, water conservation or renewable energy improvements to their properties. Eligible project partners include owners of commercial, industrial, agricultural, non-profit, and some multifamily residential properties. At this event, you will hear from Sustainable Energy Fund, who administers the program in 27 counties throughout Pennsylvania, and a capital provider to discuss project financing.



Little Theater of Mechanicsburg Sunday, February 23, 2025

Showtime 2:30 pm Doors open 1:30 pm

Mechanicsburg Museum is sponsoring a benefit performance at the Little Theatre of Mechanicsburg.

Murder By Membership is a murder mystery/comedy set in the Orczy Club, an "inner sanctum" for women mystery writers.

Limited Seating
Ticket price \$20.00
Tickets available at the Passenger Station

2025 Virtual Early Learning Conference

2025 Early Learning Conference







Join TFEC's Early Education Initiative for the 2025 Virtual Early Learning Conference from **March 10-14, 2025**.

Register at https://www.tfec.org/earlyed-conference/.

Why should you attend?

Flexible Learning: Enjoy the convenience of recorded sessions available all week, fitting your schedule.

Earn Valuable Credits: Take advantage of PDE and PQA credits while expanding your knowledge. **Networking Opportunities:** Connect with fellow educators and community partners to strengthen your professional network.

Build Strong Foundations: Strengthening educators, caregivers, and more to help children build strong foundations.

Empowering Early Education: Learn more about topics such as behavior, mental health, STEM, arts integration, infant care, administration, trauma, The BASICS and more.



KIRK WISE UPCOMING SOLO, DUO & BAND PUBLIC DATES

Sat. 2/15 – Captain Bob's Steamed Crabs, Railroad/ Shrewsbury...Kirk solo 6-8

Thurs. 2/20 Essex House, Lemoyne ...Kirk solo 1-2

Fri. 2/21 – Totem Pole Wine Farm/Ranch Carlisle...Kirk solo 6:30-8:30

Sat. 2/22* – Safe Harbour Event, Carlisle ...Jazz Me Band 6-10

Fri. 2/28 – Celebration Villa, Dillsburg ...Kirk solo 3-4

Fri. 2/28 – Hook & Flask Stillworks, Carlisle ... Kirk solo/duo 7-10

Fri. 3/8 – American Legion #974, New Cumberland...Kirk Duo 7:30-10:30

Fri. 3/14 – Big Bottom Brewery @ Al's Pizza, Dillsburg...Kirk Duo 7-10

Sat. 3/15 – Rotunda Brewing Kegs & Eggs, Annville ...Kirk solo 10-2

For complete up-to-date schedule, information, and photos go to www.jazzmeband.com

Bookings: call Kirk at 717-979-0341 or E-mail wisemotors@aol.com

Tour sponsors:
FARNHAM INSURANCE,
MEMBERS 1st F. C. U.,
CLASSIC DRY CLEANERS, STUDIO D &
LANDON WISE PHOTOGRAPHY

Cumberland Homeowners: Stay Warm and Save Money This Winter! Energy Efficiency Made Easy with UGI Save Smart Home Energy Upgrades

As temperatures drop, ensuring your home is prepared for the heating season is essential. Winter doesn't have to mean higher gas utility bills or chilly drafts in your home. By taking important steps toward energy efficiency, you can keep your home warm, comfortable and lower your gas utility bills all-season long.

Through the UGI Save Smart Home Energy Upgrades Program, homeowners can schedule a \$50 home energy assessment to identify energy-saving opportunities. By working with one of the program-approved contractors, you'll receive a detailed report of your home's energy performance and recommended upgrades like air sealing and insulation to help you save money and stay warm.

The contractor you choose will visit your home and perform a Home Energy Evaluation, which provides a detailed report of the performance of your home, identifies opportunities to improve your home's energy efficiency, and a FREE DIY energy-savings kit complete with:

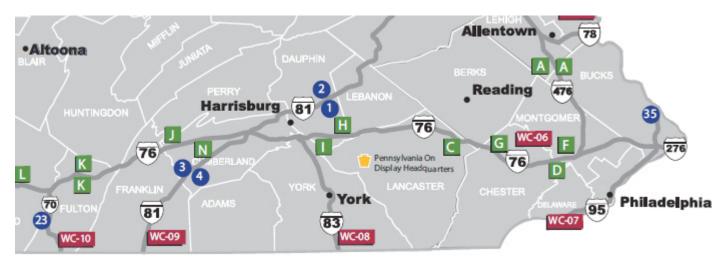
- ENERGY STAR® certified smart thermostat*
- Low-flow showerhead
- Kitchen sink aerator
- Bathroom sink aerator
- · Carbon Monoxide Detector
- Tank temperature turn-down

The contractor will provide you with recommended upgrades that will boost the energy efficiency of your home, lower your monthly gas bill, and improve your indoor comfort.

Take the first step toward a warmer, more energyefficient home.

Schedule your energy assessment today!

Would you like to reach more potential customers via the PA Turnpike, Interstate Rest Areas or PA Welcome Centers?



Travelers can find out about your business at highly traveled Turnpike Service Plazas and/or Interstate Rest Areas for only \$28 per month per location with a FREE pocket for 4x9 print brochures or rack cards. Non-profit organizations and B&Bs are only \$16 per month per location.

We are also the sole distributors for the FREE PA Welcome Center Program that offers tourism information to all 14 official PA welcome centers around the perimeter of the state! Your tax dollars pay for this free program! Please contact me with any questions or interest in any of our programs!

Teresa Crawford, Account Representative
Getaways On Display
717-653-8070 x208
TCrawford@GetawaysOnDisplay.com
www.GetawaysOnDisplay.com

Chamber Chatter is published on-line every Thursday.

We encourage member businesses to send us information on sales, promotions, news and events. It is a great way to promote your business or organization.

Chamber Chatter advertisements will remain for up to 4 weeks, or as space permits.

If you have something to share, please submit it by Wednesday at noon to info@mechanicsburgchamber.org.

Chamber Chatter advertising is a FREE member benefit.

Do you know a great way to show off what, where, and how you do the things you do? Host a Business Women's Networking Luncheon or After Hours Mixer. There is no fee to host an event, contact the Chamber office for more details.

Seeking HOSTS for 2025 EVENTS

- Business Women's Networking Luncheon
 - After Hours Mixer
 - Business Leaders Discussion Group

BE A HOST and showcase your business, service and more...

For more information - on HOSTING AN EVENT contact the Chamber office at 717-796-0811 or email - info@mechanicsburgchamber.org.



Cumberland Area Economic Development Corporation is kicking-off a new Funding Seminar series in 2025 highlighting funding opportunities for Outdoor Recreation projects and Agriculture/ Agritourism. As we build these programs, we'd love to better understand our partners' needs.

Please take a few minutes to fill out this seven-question survey.

TAKE SURVEY HERE



Celebrating 75 years of service in Mechanicsburg in 2024, our group has raised and distributed funds to help various charities, both locally and worldwide. Charitable donations and support have been provided to: Vision Resources of Central Pennsylvania, New Hope Ministries, Meals-on-Wheels, Pink Hands of Hope, Mission Central, Eye Glasses and Hearing Aids for needy adults & children, Silver Spring Township Veterans Memorial, Little League Baseball, Girls Softball, PA Lions Hearing Research Foundation, Juvenile Diabetes Research Foundation (JDRF), "Give From the Heart" at area Elementary Schools, J.T. Simpson Public Library, Leader Dogs for the Blind, the Mechanicsburg Senior Center, PA Beacon Lodge for Blind & handicapped campers, Youth Basketball & Bocce ball, Cumberland Co. Seeing Eye Puppies, Mechanicsburg Museum Assoc., Business awards for local High School Students, multiple Eagle Scout Projects, Dog TAGS for Vets, Ironstone Ridge Nature Center, Cumberland Valley Mini-thon for Children's Cancer, District Governor's Projects, Lions Club International, Vision Screening equipment that has helped our club complete vision screenings for over 14,000 kids.

CLICK HERE FOR SPONSORSHIP INFORMATION

FREE TAX PREPARATION!

Families (2 or more people) who made \$67,000 or less and individuals who made \$45,000 or less in 2024 may be eligible to receive FREE tax preparation through the Money in Your Pocket (MIYP) program! Review the following information BEFORE arriving at a site.



You MUST bring the following documents to have your taxes prepared:

- Valid photo ID (driver's license, military ID, etc.) for taxpayer and spouse.
- Original Social Security card or Individual Taxpayer Identification Number (ITIN) for you, your spouse, your children and other dependents included in your tax return.
- Your <u>current</u> Identity Protection PIN number issued by the IRS (if you have one).
- · Printed copies of all year-end tax forms you have received in the mail. (We cannot use electronic files from phones.)
- If you received health insurance from the marketplace, bring your form 1095-A.

Also bring the following information if it is available:

- · Previous year's federal and state tax returns. (We can only access prior year returns for clients who used MIYP last year.)
- If you wish to have your refund deposited directly into your checking or savings account, bring a blank check or other documentation from your bank/credit union that shows your account number and the routing transit number.
- · If you expect to claim a credit for child or dependent care, bring the child care provider's address and Employer Identification Number (EIN) or their Social Security number.

TAX PREPARATION WILL BEGIN ON FEBRUARY 3, 2025 AT THE FOLLOWING SITES

To schedule an appointment, dial 211 on your phone or call 855.567.5341.

CUMBERLAND COUNTY

Bosler Memorial Library &

158 W. High St., Carlisle

Appointment only. Call 211 to schedule.

Fridays: noon - 4 p.m.

Employment Skills Center 👆

29 S. Hanover St., Carlisle

No appointment needed.

Tuesdays, Thursdays: 5:30-7 p.m.

First Christian Church of Lemoyne

442 Hummel Ave., Lemoyne

Appointment only. Call 211 to schedule.

Thursdays: 6-8 p.m.

Saturdays: 9 a.m. - noon

(Second & fourth Saturdays each month.)

First United Church of Christ 👆

30 N. Pitt St., Carlisle

Appointment only. Call 211 to schedule.

Mondays: 3:30-7 p.m.

Saturdays: 10 a.m. - 2 p.m. (2/22 only.)

Messiah University 🕹

Frey Hall, Rm.150

One University Ave., Mechanicsburg

717.796.1800, ext. 7300

No appointment needed.

Mondays: 5:30-7:30 p.m. (Open 2/24 thru 4/14. Closed 3/10.)

New Hope Ministries, Inc. 👆

5228 Trindle Rd., Mechanicsburg

No appointment needed.

Mondays, Wednesdays: 5:30-8:30 p.m.

Penn State Dickinson Law 🕹

150 S. College St., Rm. 104, Carlisle

No appointment needed. Thursdays: 4-8 p.m. (Closed 3/13.)

Shippensburg University 👆

68 W. King St., Shippensburg

No appointment needed.

Wednesdays: 5-9 p.m. (Closed 3/12.)

Tri County Community Action 🕹

123 N. Enola Dr., 2nd Floor, Enola

Appointment only. Call 211 to schedule. Tuesdays: 9 a.m. - 1 p.m.

DAUPHIN COUNTY

Belco Community Credit Union

449 Eisenhower Blvd., Harrisburg Appointment only. Call 211 to schedule.

Wednesdays: 5:30-8 p.m.

Market Square Presbyterian Church 👆

20 S. Second St., Harrisburg

No appointment needed.

Tuesdays, Thursdays: 9:30 a.m. - 12:30 p.m.

Middletown Public Library 👆

20 North Catherine St., Middletown

Appointment only. Call 211 to schedule.

Mondays, Thursdays: 5-8 p.m.

Tri County Community Action 👆

20 Clearfield St., Elizabethville

Appointment only. Call 211 to schedule.

Tuesdays: 9 a.m. - noon

*All walk-in sites may reach capacity early on high volume days.

Tri County Community Action 👆

1514 Derry St., Harrisburg

Tuesdays: 6-8:30 p.m. (No appointment

needed.)

Thursdays: 6-8:30 p.m. (Appointment

only. Call 211 to schedule.)

Widener Law Commonwealth & Central PA Law Clinic 👆

3737 Vartan Way, Harrisburg

Appointment only. Call 211 to schedule.

Saturdays: 9 a.m. - noon

PERRY COUNTY

Perry County Literacy Council &

133 South 5th St., Newport

Appointment only. Call 717.567.7323

to schedule.

Mondays: 5-8 p.m. with other evenings and some Saturdays.

Tri County Community Action 👆

8407 Spring Rd., New Bloomfield

Appointment only. Call 211 to schedule.

Fridays: 10 a.m. - 4 p.m.

For more information, contact United Way of the Capital Region at 717.724.4077, or e-mail miyp@uwcr.org.

> Do not call sites directly unless a number is listed.

LET TRAINED VOLUNTEERS PREPARE YOUR TAXES FOR FREE!

Families (2 or more people) who made \$67,000 or less and individuals who made \$45,000 or less in 2024 may be eligible to receive FREE tax preparation through Money in Your Pocket (MIYP)! MIYP is part of the IRS Volunteer Income Tax Assistance (VITA) program.





- The amount of money you get back depends on many factors and may not be the same as last year.
- To get a refund, you must file a tax return even if you don't owe anything.
- If you did not claim the Earned Income Tax Credit (EITC) in the past but were eligible, you can file an amendment at any time during the year for up to three previous tax years. You may be eligible for money you did not know about!
- · Refunds for e-filed returns that will be direct deposited are usually received in 10 days or less.

TOUCH-FREE TAXES FREE Remote Tax Preparation

Touch-Free Taxes is a free tax preparation program which can be done from the comfort of your home by connecting you to a trained volunteer to complete your taxes.

You can start using the Touch-Free Taxes service starting February 3, 2025 by visiting:

www.getyourrefund.org/uwcrpa

For more information, e-mail miyp@uwcr.org or call 717.724.4077.

Touch-Free Taxes is brought to you by the Money in Your Pocket program.

FEDERAL EARNED INCOME TAX CREDIT ELIGIBILITY

If you fit these guidelines, you may be eligible for the Federal Earned Income Tax Credit (EITC).

Children	Single Income	Married (filing jointly)
No children	\$18,591	\$25,511
1 child	\$49,084	\$56,004
2 children	\$55,768	\$62,688
3 or more children	\$59,899	\$66,819

All reasonable accommodations will be provided at no cost to individuals with special needs. For more information about special accommodations, or the availability of interpreters, call the MIYP info line at 717.724.4077, or e-mail mivp@uwcr.org.

MONEY IN YOUR POCKET PARTNERS:

- Belco Community Credit Union
- Bosler Memorial Library
- Central Pennsylvania Food Bank
- · Citizens Bank
- Code For America/Get Your Refund New Hope Ministries, Inc.
- · Dickinson College
- Employment Skills Center
- First Christian Church of Lemoyne Perry County Literacy Council
- First United Church of Christ
- Market Square Presbyterian Church

- · Messiah University
- · Middletown Public Library
- Midwest Food Bank
- Mifflin-Juniata Human Services
- Penn State Dickinson School of Law
- Penn National Insurance
- PNC
- · Shippensburg University

- · Tri County Community Action
- Truist Bank
- · United Way of Carlisle and **Cumberland County**
- · United Way of the Capital Region
- · U.S. Department of Treasury, Internal Revenue Service
- · Widener University Commonwealth Law School

FUNDED BY:



TRUIST HH

U.S. Department of Treasury, Internal Revenue Service

LEAD AGENCY:



United Way of the Capital Region

The Money in Your Pocket program is a community collaboration to promote the Earned Income Tax Credit, free tax assistance and financial literacy within the Capital Region. Money in Your Pocket does not tolerate discrimination by its volunteers against anyone because of age, color, disability, race, reprisal, national origin, English proficiency, religion, sex, sexual orientation or status as a parent.

For more information, call 717.724.4077 or visit www.uwcr.org/miyp or www.irs.gov.



Don't freeze up...avoid orthopaedic, spine injuries this winter

Jerry Robinson, M.D. - UPMC Orthopaedic Care, UPMC Spine Care

Winter is a time to cozy up by the fireplace, read a good book, watch your favorite television show, or simply take a nap. And while many people tend to be less active during this season, there are still plenty of opportunities for injury. It's also a time when people with chronic back or joint pain may notice increased discomfort.

Here are some tips for staying healthy and pain-free this winter:

Be cognizant in snow and icy conditions. Wear proper footwear and take your time when walking on surfaces affected by winter precipitation. Take small steps and use aids like handrails, canes or walkers to avoid falls. If you do feel yourself falling, try to land on your buttock or back instead of catching yourself with your arms.

Practice smart snow removal. Push or sweep snow when possible, instead of lifting. Shovel while it is snowing – up to once an hour – to limit the amount of pressure and strain placed on your back due to moving heavy amounts of snow. Consider purchasing a snowblower to reduce back strain, but avoid placing your hands, arms, feet or legs inside of the blower when it gets clogged. To safely clear clogs, power the device off and use other objects to clear packed snow and ice.

Engage safely in winter sports. Sprains, strains, dislocations and fractures are common in winter sports. To avoid these injuries, wear appropriate protective gear such as helmets and padding. As with other sports, warm up thoroughly before starting and never participate alone. Stay hydrated, wear layers, and consider taking a lesson from a qualified instructor, especially in sports like skiing or snowboarding. Stop the activity if you notice any degree of pain or exhaustion.

People with chronic joint or back pain may notice an increase in discomfort during the winter months due to changes in barometric pressure, cold temperatures and decreased activity levels.

Here are some important reminders for managing chronic joint or back pain during this season:

Maintain good health. Eat a balanced diet, stay hydrated, and manage your weight. Losing even a few pounds can significantly ease joint pain.

Stay active. Low-impact exercise on a stationary bike or walking can improve blood flow and reduce stiffness. Be sure to stretch when finished.

Use heat or cold therapies to soothe aching joints. Take a hot bath, swim in a heated pool or use a hot pad. When you do venture outside, protect your joints by wearing layers. For swollen joints, an ice pack may provide some relief. Non-steroidal anti-inflammatory drugs (NSAIDs), like ibuprofen

or aspirin, can help manage pain and reduce inflammation. Consult your doctor for advice on proper dosage and frequency.

While many orthopaedic injuries or chronic pain issues can be resolved with home care, if the pain persists, worsens, or an injury is causing you severe pain or an inability to complete your daily activities, it's time to consult with an orthopaedic or spine care specialist.

Dr. Jerry Robinson is a double fellowship-trained orthopaedic spine surgeon. UPMC offers orthopaedic care walk-in injury clinics at locations in Carlisle, Enola, Harrisburg and Lititz.Call 717-988-0700 or visit UPMC.com/CentralPAOrtho to learn more about our orthopaedic services. For more information on UPMC Spine Care, call 717-791-2630 or visit UPMC.com/SpineCareCPA.

